

PRACTICE PLANNER

Tip: Plan your practice one week at a time.

Plan the times you will practice and write it down.

Examples:

- Home from school, 15 minutes
- Before any video games, 10 minutes

Month: _____

| Week | SUN | MON | TUE | WED | THU | FRI | SAT |
|----------|-----|-----|-----|-----|-----|-----|-----|
| 1 | | | | | | | |

| Week | SUN | MON | TUE | WED | THU | FRI | SAT |
|----------|-----|-----|-----|-----|-----|-----|-----|
| 2 | | | | | | | |

| Week | SUN | MON | TUE | WED | THU | FRI | SAT |
|----------|-----|-----|-----|-----|-----|-----|-----|
| 3 | | | | | | | |

| Week | SUN | MON | TUE | WED | THU | FRI | SAT |
|----------|-----|-----|-----|-----|-----|-----|-----|
| 4 | | | | | | | |

| Week | SUN | MON | TUE | WED | THU | FRI | SAT |
|----------|-----|-----|-----|-----|-----|-----|-----|
| 5 | | | | | | | |